



New Book Alerts



What's New at the Library



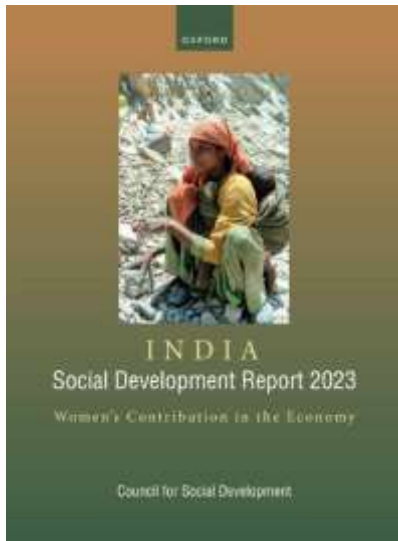
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Kumar Sanjay, Director (Library)

Ravi Raj Kumar, LIA

NITI AAYOG
Library

01. India Social Development Report 2023 by Council for Social Development



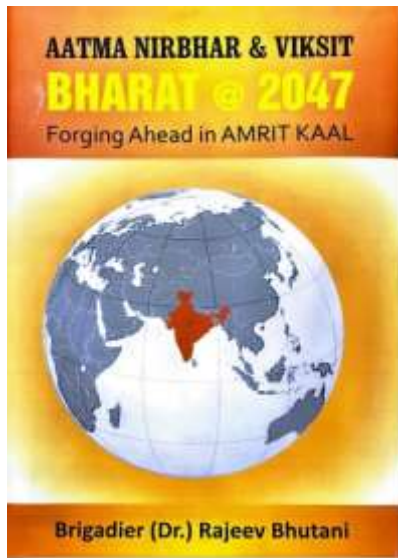
This report highlights that gender inequalities and women's subordination in India are caused by two formidable macro-structures: patriarchy and the exclusion of unpaid work from the macro-economy. Both these structures reinforce each other and negatively impact women's empowerment. Patriarchy imposes subordination on women and forces a disproportionately higher share of unpaid domestic services and unpaid care onto them. This is unfair and unjust - a violation of basic human rights. Other structures like race, religion, and caste cut across these main structures. The selected papers in this report show how patriarchy causes gender inequalities in all critical dimensions of women's life on the one hand, and how unpaid domestic services and unpaid care sustains the macro-economy and its growth on the other. The contributors discuss pathways to integrate unpaid work with the macro-economy such that the strength of patriarchy declines and at the same time gender equality is promoted. To put it differently, unless the structures are addressed by integrating unpaid work, inequalities cannot be addressed effectively. The report emphasizes that this is the only way to move to real macroeconomics. The papers have explored pathways to break these structures gradually to achieve gender equality and empower women. Though the path is challenging, it is feasible to reach the goal of pervasive gender equality.

Pub: Oxford University Press

Accession No: 158532

Call No: 331.40954 C855I

**02. Aatma Nirbhar & Viksit Bharat @ 2047 Forging Ahead In Amrit Kaal by
Rajeev Bhutani**



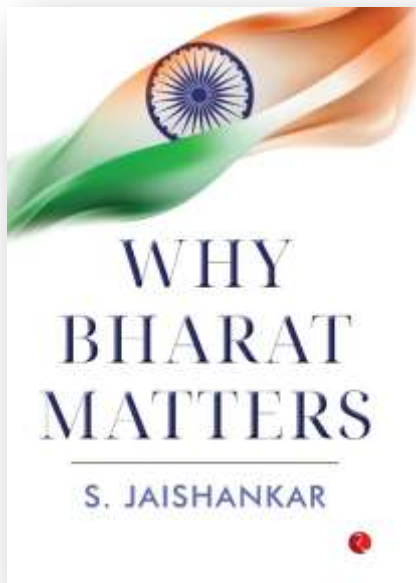
The Author is an alumnus of DSSC, Wellington and Asia-Pacific Center for Security Studies (APCSS), Honolulu, Hawaii, USA. At the DSSC, he was awarded the General Lentaigne Memorial Medal for his dissertation, “India – Emerging Regional Power, Prospects in 2020 AD”. In his illustrious career of 34 years, he had held varied command and staff appointments. He commanded an Infantry Brigade on Indo-Pak border and one of the largest Sub Area of Indian Army before superannuating in March 2011. Having done D.Phil. from the Central University of Allahabad, he has authored numerous articles, issue papers, monographs and books. ABOUT THE BOOK Having launched “Aatma-Nirbhar Bharat” Abhiyan in May 2020, PM Modi set a national goal for India on 15 August 2022 - “Viksit Bharat” (Developed India) by 2047. India is soon going to become a \$5 Trillion economy under PM Modi’s leadership and will be heading for an estimated \$40 T economy by 2047 but the “Viksit Bharat” goal is not limited to economic prosperity alone. This book highlights Government’s gigantic efforts to propel the nation to Developed Nation status, synonymous to Great Power. It covers all aspects of comprehensive national power - Economic, Military, Informational, Diplomacy, S&T and Soft Power.

Pub: Uppal Publishing House

Accession No: 158525

Call No: 338.954 B575A

03. Why Bharat Matters by S. Jaishankar



Whether drawing strength from its heritage and culture or approaching challenges with the optimism of democracy and technology, this is certainly a New India—an India that is more Bharat.

This is not just a tough world but also a turbulent and unpredictable one. It is marked by the impact of Covid, conflicts in Ukraine and West Asia, climate events, radicalization and terrorism. There is complex geopolitics at work, such as the rise of China, the changed posture of the United States, the strategy of Russia, the impact of globalization and the power of new technologies.

India seeks to navigate these stormy seas without diluting its focus on becoming a leading power. As a vishwa mitra, it seeks the well-being of the Global South and to contribute to global good. India is more salient in global calculations and stands ready to embrace coming responsibilities and opportunities. Entering the Amrit Kaal, it visualizes an era of growth and development while staying true to its traditions and heritage.

In *Why Bharat Matters*, S. Jaishankar argues that while rising powers seek stability most of all, India must plan to rise amidst serious unpredictability. This process is also exceptional as it represents the rejuvenation of a civilizational state. Simultaneously, he also explains why foreign policy in a globalized world matters increasingly to all citizens in their daily lives.

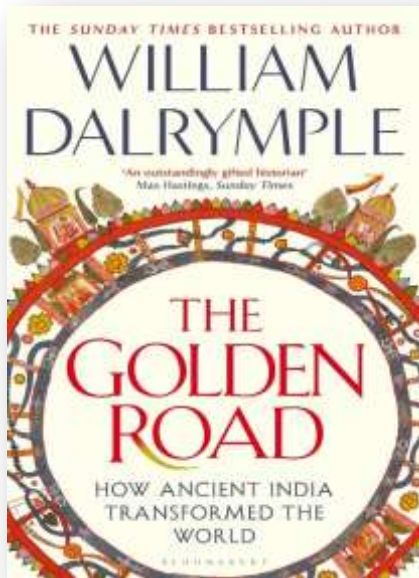
This book is a must-read for every Indian to understand and seriously reflect on the reality of our times that is becoming clearer with each passing day—that India matters because it is Bharat.

Pub: Rupa Publication

Accession No: 158520

Call No: 327.0954 J25W

04. The Golden Road: How Ancient India Transformed the World by William Dalrymple



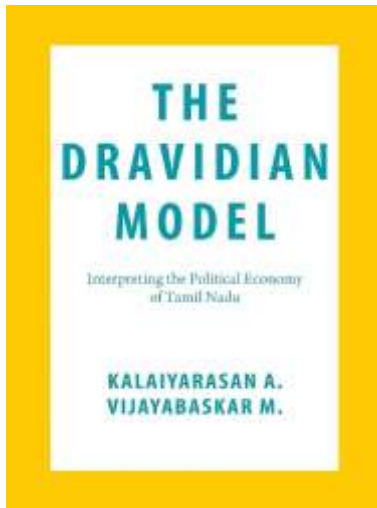
FROM THE AWARD-WINNING, BESTSELLING AUTHOR AND CO-HOST OF THE CHART TOPPING EMPIRE PODCAST – A REVOLUTIONARY NEW HISTORY OF THE DIFFUSION OF INDIAN IDEAS ‘A master storyteller’ Sunday Times India is the forgotten heart of the ancient world For a millennium and a half, India was a confident exporter of its diverse civilization, creating around it a vast empire of ideas. Indian art, religions, technology, astronomy, music, dance, literature, mathematics and mythology blazed a trail across the world, along a Golden Road that stretched from the Red Sea to the Pacific. William Dalrymple draws from a lifetime of scholarship to highlight India’s of forgotten position as the heart of ancient Eurasia. For the first time, he gives a name to this spread of Indian ideas that transformed the world. From the largest Hindu temple in the world at Angkor Wat to the Buddhism of China, from the trade that helped fund the Roman Empire to the creation of the numerals we use today (including zero), India transformed the culture and technology of its ancient world – and our world today as we know it. Praise for William Dalrymple and The Anarchy ‘A superb historian with a visceral understanding of India’ The Times ‘Magnificently readable, deeply researched and richly atmospheric’ Francis Wheen, Mail on Sunday.

Pub: Bloomsbury Publishing

Accession No: 158521

Call No: 954 D151G

**05. The Dravidian Model: Interpreting the Political Economy of Tamil Nadu
by Kalaiyarasan A.**



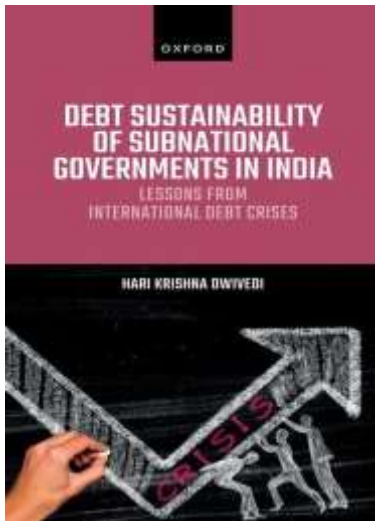
This book adds to the growing literature on dynamics of regional development in the global South by mapping the politics and processes contributing to the distinct developmental trajectory of Tamil Nadu, southern India. Using a novel interpretive framework and drawing upon fresh data and literature, it seeks to explain the social and economic development of the state in terms of populist mobilization against caste-based inequalities. Dominant policy narratives on inclusive growth assume a sequential logic whereby returns to growth are used to invest in socially inclusive policies. By focusing more on redistribution of access to opportunities in the modern economy, Tamil Nadu has sustained a relatively more inclusive and dynamic growth process. Democratization of economic opportunities has made such broad-based growth possible even as interventions in social sectors reinforce the former. The book thus also speaks to the nascent literature on the relationship between the logic of modernization and status based inequalities in the global South.

Pub: Cambridge University Press

Accession No: 158522

Call No: 306.0954 K14D

06. Debt Sustainability of Subnational Governments in India: Lessons from International Debt Crises by Hari Krishna Dwivedi



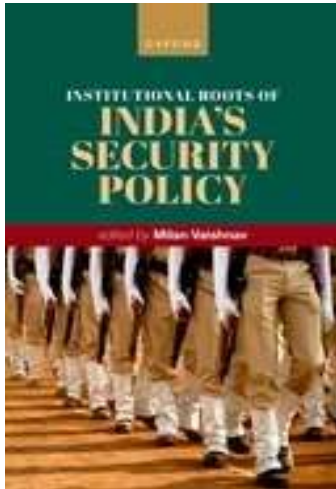
In 2020, for the first time in history, the world's debt as a percentage of its gross domestic product exceeded 100%. Although it has come down slightly since then, there are concerns about where the next debt crisis will happen, given that Pakistan and Sri Lanka have already found themselves in debt crises. India's overall fiscal health and macro-economic conditions remain stable, but the same may not be completely true when the discussion shifts to India's subnational entities. In *Debt Sustainability of Subnational Governments in India: Lessons from International Debt Crises*, Dwivedi attempts to answer this question by analysing the debt sustainability of the states in the context of many emerging issues and challenges to their fiscal health with the aim of providing usable and practical recommendations that can ensure the fiscal health of the subnational governments in India and across the world. Focusing on the state or provincial governments, Dwivedi addresses the debt that the government undertakes to fund its programmes and examines whether such governments are indulging in taking excessive debt. Some of the aspects covered in the book include international experiences with excessive borrowings or debt creation and the learnings from these experiences, trends of state government debt (subnational debt), emerging issues that pose challenges to state finances, and recommendations to control debt from spiralling out of control.

Pub: Oxford University Press

Accession No: 158526

Call No: 336.343 D993D

07. Institutional Roots of India's Security Policy by Milan Vaishnav



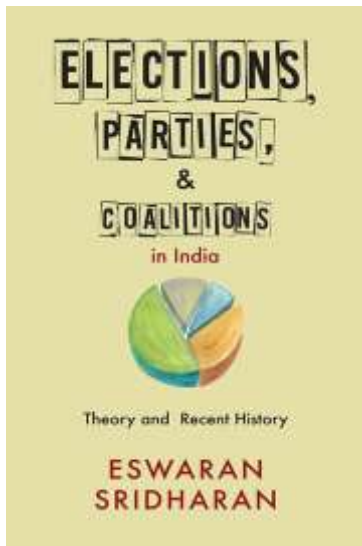
In recent years, India has asserted its desire not simply to be a ‘balancing power’, but to become a ‘leading power’ on the world stage. As India’s economic development has steadily progressed, so too have its foreign policy and security ambitions. However, India’s ability to sustain high rates of economic growth at home and project power abroad rest on unsteady and uneven state capacities. The goal of this book is to unpack and interrogate the governance of India’s security institutions. Myriad inadequacies related to both procedure and personnel continue to hamper the Indian state’s ability to perform one of its most essential functions: protecting Indians from security threats at home and abroad. Despite widespread concern over the severe capability constraints India’s institutions face on a daily basis, there is little scholarly work studying the present administrative and organizational effectiveness of India’s security institutions. This volume aims to remedy that by offering high-quality analytic narratives of nearly a dozen key national security institutions spread across four domains: the armed services, intelligence, border and internal security, and police and investigation.

Pub: Oxford University Press

Accession No: 158529

Call No: 327.0954 V132I

08. Elections, Parties, and Coalitions in India by Eswaran Sridharan



This book on India's recent experience with elections, parties, and coalitions consists of ten papers that cover two broad areas – elections and voting behaviour, and political parties and coalition politics. It presents the evolution of key elections and shifts in voting patterns in the post-Congress-dominance period since 1989, showing how these have led to the rise or decline of parties; to a reshaped party system; and to particular patterns of coalition politics and types of coalition and/or minority governments. The book also shows how coalition politics has enabled the rise of the Bharatiya Janata Party and regional parties, enabled a revival of the Congress from 2004 to 2014, and affected elections and the party system in reverse. All the papers in this book undertake empirical analysis of elections and the party system – including origins, key elections, party behaviour, coalition patterns, and political finance – and are situated within the relevant theoretical and comparative literature. This collection makes interconnected historical, conceptual, theoretical, and empirical arguments in relation to Indian politics. It helps us make sense of the evolution of the post-1989 party system and is indispensable for scholars and students of Indian politics.

Pub: Permanent Black

Accession No: 158531

Call No: 324.0954 S774E

09. Burn Anger Before Anger Burns You by J P Vaswani



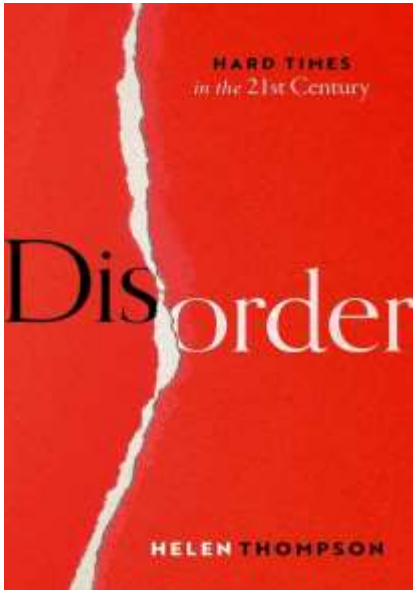
Anger is just one letter short of danger. It is an eroding emotion. If not dealt with firmly and positively, it destroys everything around and within us. This book tells us how to: - Cope with anger and be angry only at the right time, with the right person, in the right measure. - Grow in the power of understanding—ourselves and others—and avoid making hasty judgments. - Develop the spirit of forgiveness and learn to forgive even before forgiveness is asked for. - Practise the therapy of cheerfulness; when all other therapies fail, cheerfulness can still work and help us live longer here on earth and afterwards in the hearts of people. An invaluable guide by one of India's most revered spiritual masters, this book offers simple yet profound tips which help us solve the problems and challenges that are a part of everyday life. We can have the best of both worlds—success in our work and glowing inner peace.

Pub: Wisdom Tree

Accession No: 158524

Call No: 152.47 V341B

10. Disorder: Hard Times in the 21st Century by Helen Thompson



Getting to grips with the overlapping geopolitical, economic, and political crises faced by Western democratic societies in the 2020s.

The 21st century has brought a powerful tide of geopolitical, economic, and democratic shocks. Their fallout has led central banks to create over \$25 trillion of new money, brought about a new age of geopolitical competition, destabilised the Middle East, ruptured the European Union, and exposed old political fault lines in the United States.

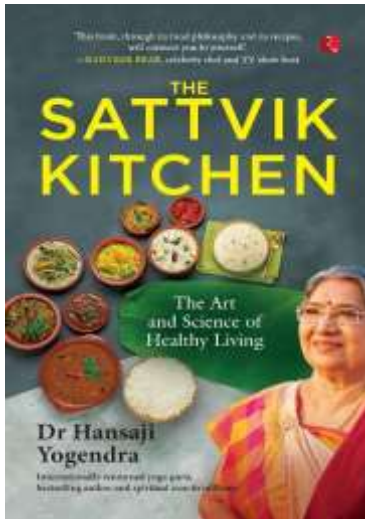
Disorder: Hard Times in the 21st Century is a long history of this present political moment. It recounts three histories - one about geopolitics, one about the world economy, and one about western democracies - and explains how in the years of political disorder prior to the pandemic the disruption in each became one big story. It shows how much of this turbulence originated in problems generated by fossil-fuel energies, and it explains why as the green transition takes place the long-standing predicaments energy invariably shapes will remain in place.

Pub: Oxford University Press

Accession No: 158527

Call No: 320.91820905 T468D

11. The Sattvik Kitchen: The Art and Science of Healthy Living by Hansaji Yogendra



Do you think you are eating right but not getting the desired benefits?

Do you want to understand how your body reacts to food and why?

Do you want to rethink food as well as eating to live better and longer?

Now is the time to adopt Ayurveda and its ancient sattvik food practices. In *The Sattvik Kitchen*, internationally renowned yoga and wellness guru Dr Hansaji Yogendra of The Yoga Institute reveals the transformative potential of food. This includes not just the food itself but also the timing, quantity, manner of consumption and the seasonal considerations.

In her second volume on sattvik food practices, Dr Hansaji reintroduces us to age-old remedies that can help us deal with modern-day health issues. With easy, wholesome and mouth-watering sattvik recipes, she emphasizes on how mindful eating combined with knowledge about the right food can maximize your immediate and long-term health. She explains the benefits of Vedic foods using modern-day evidence and offers insight into how the body's own systems respond to food and why sattvik food is your best friend. She helps you rediscover the joys of food, putting you on the path to good health, weight loss and well-being.

Always remember, you are, both physically and emotionally, a product of what you eat!

Pub: Rupa Publication

Accession No: 158523

Call No: 641.5636 Y54S

